Finding a Doctor

Step 1

Go to <u>umr.com</u> and select **Find a provider**. You will also be able to search providers specifically within your network by signing in to your UMR account.



Step 2

If you are enrolled in the **UnitedHealthcare Options PPO Network (Blue)**, search for **UnitedHealthcare Options PPO Network** using the alphabet navigation or type **UnitedHealthcare Options PPO** into the search box. Select "Search".

Search by					
Medical	Dental				
UnitedHealthc	are Options PPO Q Search				
	UnitedHealthcare Options PPO Network (English)				
Network na	UnitedHealthcare Options PPO Network (Spanish)				
Α ~	UnitedHealthcare Options PPO with Premium Tiered Benefits (English				
В 🗸					
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D ~					

If you are enrolled in the UnitedHealthcare Choice Plus Network (Bronze), search for UnitedHealthcare Choice Plus Network using the alphabet navigation or type UnitedHealthcare Choice Plus into the search box. Select "Search".

Search by	
Medical O Dental	
UnitedHealthcare Choice Plus Q Search	
UnitedHealthcare Choice Plus Network (English)	
UnitedHealthcare Choice Plus with Premium Tiered Benefits (English)	
В ~	
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Step 3

Search by Medical or Dental by checking either of the circles, and then select "View Providers". For Behavioral Health Providers (including counseling and substance abuse), select **Behavioral Health Directory**.

Search by						
Medical O Dental						
Enter network name Q Search						
FIND A PROVIDER UnitedHealthcare Choice Plus Network						

Click on the View providers button below to search for health care professionals in your network.

Helpful Cost Estimates

This provider search tool also shows information about the cost of care. Look for providers labeled "Premium Care Physician", which indicates the provider meets the criteria for providing quality and cost-efficient care. Click on a specific provider to view average cost estimates for office visits and treatments for illnesses and conditions within your area.

Important: Please verify the provider is still in the network prior to your next visit and before receiving any services.

Additional Resources



Step 4

Confirm your location is correct to find providers near you. Then, search for providers and services using the search box or **Find Care by Category**.



Step 5

Select the doctor you want, get the care you need, and feel better soon! REMEMBER: Get the most from your benefit plan – use participating network health care providers whenever possible.

Office V Total av	Sults for All Primary Care Visit - Primary Provider - Established Patient - Low C verage cost in your area: \$44 - \$83	Providers somplexity		NEW SEARCH
1,217 In-Netw	vork Providers Within 20 Miles 🗸	Birmingham, AL 35210		View List View Map
Filter Options Provider Name	Virtual Care Preferred Providers	Patient Reviews More Filters Clear Filters		Sort By Preferred Providers
W Far	Alker, Herbert P, Jr, MD			
314 Ves 7.5 (20) 711	40 Cahaba Heights Rd stavia, AL 35243 Miles Away Get Directions 12 15) 967-7302 Phone	 Premium Care Physician Accepting All Patients In-Network Provider (31) 	You May Owe *N/A	

Need More Help?

Call 1-800-826-9781 or visit umr.com for more assistance.